



Relationship and  
Sex Education  
Parent Consultation

# Why do we have to teach RSE?

## Why do we teach Relationships and Sex Education?

Today's children and young people are growing up in an increasingly complex world and living their lives seamlessly on and offline.

This presents many positive and exciting opportunities, but also challenges and risks. In this environment, children and young people need to know how to be safe and healthy, and how to manage their academic, personal and social lives in a positive way.

Relationships Education has now been made compulsory in all primary schools in England and Relationships and Sex Education compulsory in all secondary schools, as well as making Health Education compulsory in all state-funded schools.

RSE should provide clear progression from what is taught in primary school in Relationships Education. This teaching should enable pupils to distinguish between content and experiences that exemplify healthy relationships and those that are distorted or harmful.

## What is the **AIM** of RSE?

The aim of RSE is to give young people the information they need to help them develop healthy, nurturing relationships of all kinds, not just intimate relationships.

It should enable them to know what a healthy relationship looks like and what makes a good friend, a good colleague and a successful marriage or other type of committed relationship. It should also cover contraception, developing intimate relationships and resisting pressure to have sex (and not applying pressure). It should teach what is acceptable and unacceptable behaviour in relationships.

This will help pupils understand the positive effects that good relationships have on their mental wellbeing, identify when relationships are not right and understand how such situations can be managed.

Effective RSE does not encourage early sexual experimentation. It should teach young people to understand human sexuality and to respect themselves and others.

It enables young people to mature, build their confidence and self-esteem and understand the reasons for delaying sexual activity. It supports our young people, throughout life, to develop safe, fulfilling and healthy sexual relationships, at the appropriate time.

# 12 steps to achieving a successful and rounded RSE Curriculum



# The RSE Curriculum

Relationships and Sex Education(RSE) is taught through the PSHE education curriculum that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

RSE lessons are compulsory across KS3&4 and will include teaching about: Healthy relationships, including friendships and intimate relationships; families; changing feelings; becoming more independent; keeping safe and consent; online and media and developing self-esteem and confidence.

Pupils will also have opportunities to ask questions that help prepare them for relationships of all kinds in the modern world. It is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body.

All PSHE and RSE teaching takes place in a safe learning environment by trained staff and is underpinned by our school ethos and values.

# RSE Curriculum Overview across KS3&4

## **How is it taught:**

These topics are taught throughout the year on PSCHE Enrichment mornings or Enrichment Days. The full days are then followed up by a drop-down week in mentor time where students get the chance to revisit the topics taught and get to reaffirm their learning through more discussions.

## **What are lessons like?**

Each of the Relationship and Sex education topics are taught by trained teachers through discussion and circle time.

Some of the Sex education lessons are taught by CSE trained staff through workshops- they deliver the more sensitive content like grooming and Impact of porn and sexting.

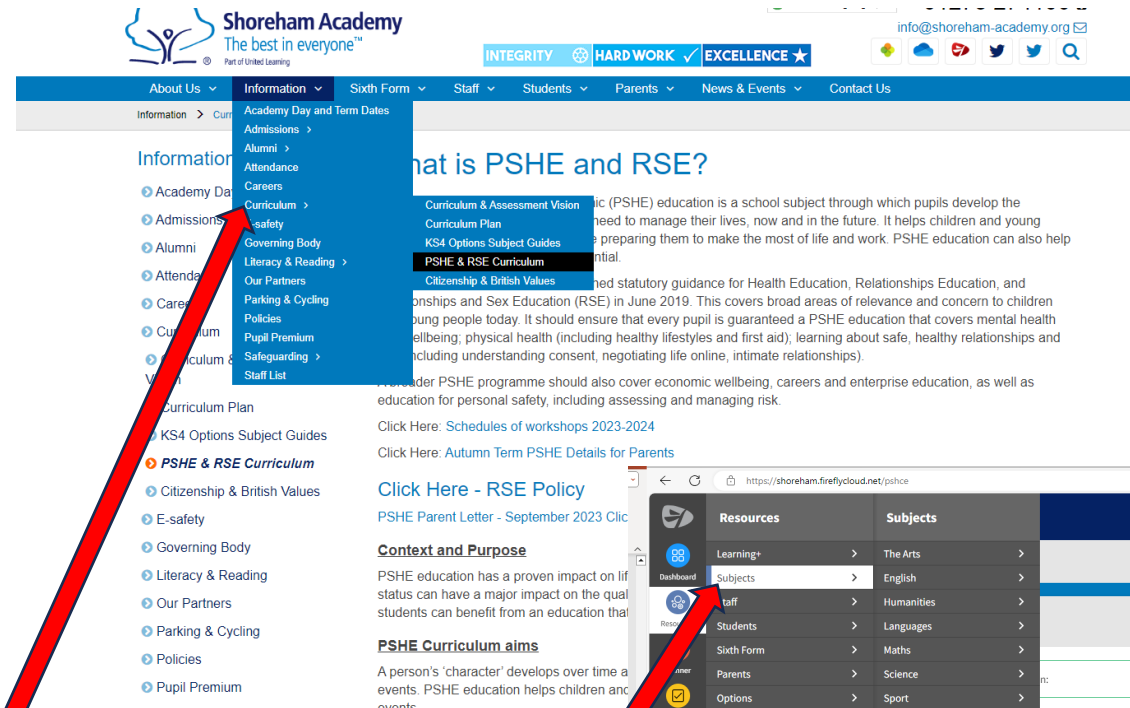
In some cases, we get external organizations to deliver some work shops eg: Safe in Sussex, Terrence Higgins Trust & Acorn Pregnancy Counselling Service.

# Shoreham Academy's RSE Curriculum Overview of Topics

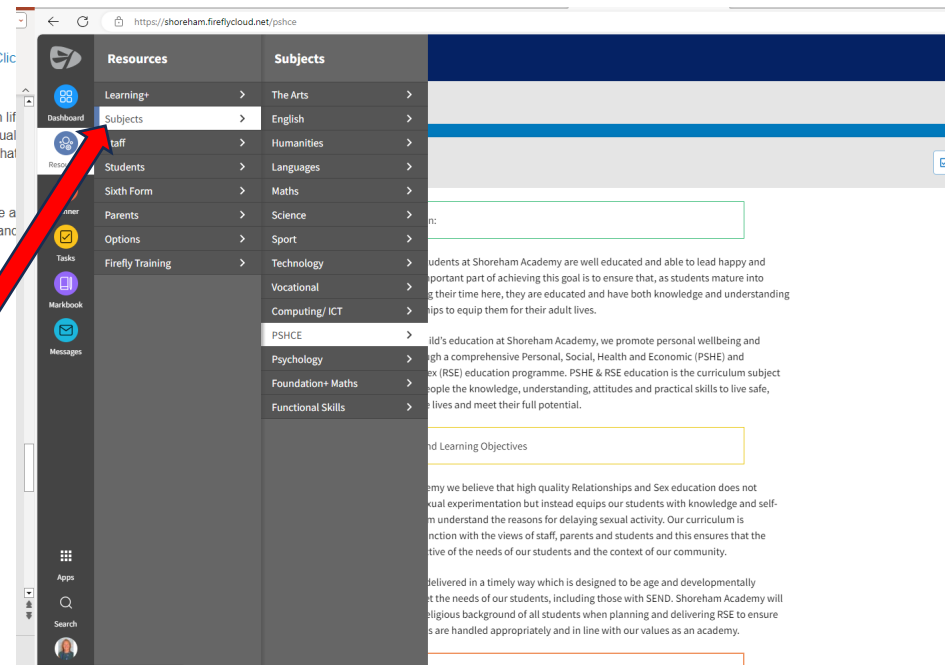
Y7	<ol style="list-style-type: none"> <li><b>Relationships</b> (Getting to know each other/ Positive relationships)</li> <li><b>Safety</b> (CEOP- Internet Safety and Bullying)</li> <li><b>Being Responsible</b> (Healthy Relationships)</li> <li><b>Health</b> (Eating, Personal Hygiene)</li> </ol>	Y8	<ol style="list-style-type: none"> <li><b>Safety &amp; Relationships</b> (Grooming, Consent &amp; FGM)</li> <li><b>Risky Stuff</b> (Risks of Drugs and Alcohol, Internet Safety &amp; Sex)</li> <li><b>Keeping Safe</b> (Identifying risk and establishing strategies to keep safe)</li> </ol>
Y9	<ol style="list-style-type: none"> <li><b>Relationships</b> (Celebrating Differences)</li> <li><b>Sexual Health</b> ( HIV,STI, Impacts of porn and sexting, contraception, Sexual Health Clinics)</li> <li><b>Relationships</b> ( Healthy V's Unhealthy/ Roles &amp; Responsibilities)</li> <li><b>World of Work</b> (Internet Safety)</li> <li><b>Health</b> ( Stress Management, relationships &amp; Self-esteem)</li> </ol>	Y10	<ol style="list-style-type: none"> <li><b>Being Safe</b> ( How to say no and Consent)</li> <li><b>Stress</b> (Managing stress)</li> <li><b>Safety: Drugs and Alcohol</b> (Consequences)</li> <li><b>Internet Safety</b></li> <li><b>Sex Ed</b> (Sex and the Law, Sexual Health Checks, HIV, Pregnancy/Abortion/ Parenting)</li> </ol>
Y11	<ol style="list-style-type: none"> <li><b>Relationships</b> (Diversity and Prejudice)</li> <li><b>Internet Safety</b></li> </ol>		

Where can I  
find  
resources?

Resource can be found on the school's website or FireFly for more detail about our PSHE & RSE curriculum.



SA Website



Firefly

# Your right as a parent or guardian

Parents have the right to request that their child be withdrawn from all or part of sex education that is delivered as part of our Relationships and Sex education curriculum.

It is important to note that while parents have the right to request that their child be withdrawn from sex education which is delivered as part of the Relationships and Sex curriculum, parents do not have the right to withdraw their child from relationships education.

Please talk to us if you are thinking of asking for your child to be withdrawn. A letter of request must be given to the Principal followed by a meeting prior to any action being taken.

Is this information new to  
you?

How do you feel that this is  
being taught to your child?



What is CSE and who are  
the CSE staff?

# Questions?

What are the more  
sensitive topics?

How do we choose what to  
teach when?



# Parent Systems Update

Parent Forum 23 11 2023

# Arbor – Parent Portal



Arbor Parent Portal/App – Allows primary parent/carers to view attendance, behaviour, exams, timetable, reports, school clubs and update selected student & their own contact details. Arbor payments can be used to buy school related products and for trips. Payments for meals will use Arbor later this year.

To access Arbor parent portal you must use the email address that we have for you on Arbor.

If you have issues logging in please email [info@shoreham-academy.org](mailto:info@shoreham-academy.org) or call 01273 274100

# Parent Systems - Important Information

We have been trying to consolidate our parent systems

Introduce Arbor  
Parent Portal  
Remove Operoo

Transition from  
ParentPay to  
Arbor Pay

Firefly  
Arbor



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# Arbor Parent Portal : Dashboard

The screenshot displays the Arbor Parent Portal dashboard for Shoreham Academy. The interface includes a top navigation bar with a 'Sign out' link and a 'My Items' dropdown. A left sidebar lists 'Quick Actions' such as Attendance, Behaviour, Clubs, Examinations, Payments, Report Cards, School Shop, and Trips. The main content area is divided into several sections: a 'Quick Actions' sidebar, a 'Statistics' section, a 'Guardian Consultations' section, an 'Accounts' section, an 'Activities' section, a 'School Shop' section, and a 'Calendar' section. Annotations with arrows point to specific elements: 'Name, Photo and Mentor' points to the student profile area; 'Current due payments for Trips or Clubs' points to the 'Payments' section showing a total outstanding of -£450.00; 'Student's Calendar' points to the 'Calendar' section; 'Statistics' points to the 'Statistics' section; 'Meal Payments will be here' points to the 'Accounts' section; 'Click to view current trips and clubs' points to the 'Activities' section; and 'Click to view Arbor School Shop items' points to the 'School Shop' section.

**Quick Actions**

- Attendance
- Behaviour
- Clubs
- Examinations
- Payments
- Report Cards
- School Shop
- Trips

**Shoreham Academy**

My Items

**Quick Actions**

Form

**View Student Profile**

You have no unread messages

**Notices**

No notices

**Payments**

Total outstanding  
**-£450.00**

Click to review accounts and add a payment

**Current lesson**

12:20 - 14:00  
Thu, 23 Nov 2023  
French (GCSEF): Year 11: 11ab/FA  
Room: S28

**Next lesson**

14:00 - 15:00  
Thu, 23 Nov 2023  
French (GCSEF): Year 11: 11ab/FA  
Room: S28

**Calendar**

Time	Lesson	Year	Room
08:30 - 09:00	Mentor Time (GCSEF): Year 11: 11G1/Me	G12	
09:00 - 10:00	English GCSEF: Year 11: 11ab/TS	E15	
10:00 - 11:20	Science (GCSEF): Year 11: 11ab/MM2	E04	
11:20 - 12:20	Mathematics (GCSEF): Year 11: 11ab/FA	G19	
12:20 - 14:00	French (GCSEF): Year 11: 11D/Fr1	S28	
14:00 - 15:00	French (GCSEF): Year 11: 11D/Fr1	S28	

**Statistics**

Attendance (2023/2024)	Behaviour Points - this term	Achievement Points - this term
100% This year: 100% Year Last term: 100% Last 4 weeks	0 This year: 0 points Last term: 0 points	80 This year: 80 points Last term: 70 points

**Guardian Consultations**

No guardian consultations for

**Accounts**

No accounts found

**Activities**

Clubs  
Trips

**School Shop**

School Shop Products

**Name, Photo and Mentor**

**Current due payments for Trips or Clubs**

**Student's Calendar**

**Statistics**

**Meal Payments will be here**

**Click to view current trips and clubs**

**Click to view Arbor School Shop items**



# Arbor Parent Portal : Behaviour and Attendance

Theo's page

Main Dashboard

Profile

Calendar

▼ Attendance

Summary

By Date

► Activities

Behaviour

Examinations

Report Cards

► Payments

► School Shop

Recent Attendance for Theo Thomson

Statistics for Academic Year 2023/2024

Possible sessions	101
Present	101 sessions (100.00%)
Late	0 sessions (0.00%)
Authorised absent	0 sessions (0.00%)
Unauthorised absent	0 sessions (0.00%)

Recent Attendance (16 Nov 2023 - 23 Nov 2023)

Present	10 sessions (100.00%)
Late	0 sessions (0.00%)
Authorised absent	0 sessions (0.00%)
Unauthorised absent	0 sessions (0.00%)

Behaviour Points

Total Points

Lifetime	0 points
2023/2024	0 points
Autumn	0 points

Achievement Points

Total Points

Lifetime	1120 achievement points
2023/2024	80 achievement points
Autumn	80 achievement points

Points Breakdown

Positive Incidents

Positive Incidents

Lifetime	62 positive incidents
2023/2024	5 positive incidents
Autumn	5 positive incidents

Positive Incidents Breakdown

Negative Incidents

Negative Incidents

Lifetime	0 negative incidents
2023/2024	0 negative incidents
Autumn	0 negative incidents

Negative Incidents Breakdown



# Arbor Parent Portal : Trips and Clubs

## Activities

Flo Baskerville: Clubs

Flo Baskerville: Trips

**Shoreham Academy**

My Items

**Flo's page**

- Main Dashboard
- Profile
- Calendar
- Attendance
- Activities**
  - Trips
  - All Trips**
  - Clubs
- Behaviour
- Examinations
- Report Cards
- Payments
- School Shop

### School Trips

#### Flo's Upcoming Trips

Life of Pi	30 Nov 2023, 17:30 - 23:00	
2024 Y10 Duke of Edinburgh Bronze Award	20 Apr 2024, 11:22 - 19 Jul 2024, 11:23	
2024 Paris trip	11 Jun 2024, 13:41 - 14 Jun 2024, 18:00	

#### Trips Open to Flo

No results found

#### Flo's Past Trips

2023 New Forest Adventure	11 Jul 2023, 08:30 - 14 Jul 2023, 17:30	
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**Shoreham Academy**

My Items

Rebecca Harman [Sign out](#) [Help](#)

**Kobe's page**

- Main Dashboard
- Profile
- Calendar
- Attendance
- Activities**
  - Trips
  - Clubs
  - All Clubs**
- Behaviour
- Examinations
- Report Cards
- Payments
- School Shop

### School Clubs

#### Kobe is Registered For These Clubs (2023/2024)

Yr 10 Action Tutoring - Maths (2023/2024)	Number of sessions: 17 Club membership dates: 18 Sep 2023 - 31 Aug 2024	
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#### Kobe Can be Registered For These Clubs (2023/2024)

There are currently no clubs open to Kobe in 2023/2024

#### Kobe was Registered For These Clubs (2022/2023)

Extra Curricular (2022/2023)	Number of sessions: 173 Club membership dates: 05 Sep 2022 - 21 Jul 2023	
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# Arbor Parent Portal : Meals and Payments

## Accounts (All Students)

Kobe Bridge : Meals


Balance: £0.00 ▶

Riley Bridge : Meals

Balance: £0.00 ▶

Current Balance on home screen – click to view below

Previous spend on meals - click to view what was bought



Shoreham Academy

My Items ▾

Kobe's page

Main Dashboard

Profile

Calendar

▶ Attendance

▶ Activities

Behaviour

Examinations

Report Cards

▼ Payments

Active Payments

Invoices

Top-Ups

Credit Notes

▼ Meals

Payments

▶ School Shop

Autumn Total Payments: £0.00

Term **Autumn 2023** ▾

View **All Sections** ▾

**Week beginning 20 Nov 2023: £0.00**

Monday	£0.00	▶
Tuesday	£0.00	▶
Wednesday	£0.00	▶
Thursday	£0.00	▶





**Week beginning 13 Nov 2023: £0.00**

Monday	£0.00	
Tuesday	£0.00	
Wednesday	£0.00	
Thursday	£0.00	
Friday	£0.00	

**Week beginning 06 Nov 2023: £0.00**

Monday	£0.00	
Tuesday	£0.00	
Wednesday	£0.00	
Thursday	£0.00	
Friday	£0.00	

**School Shop Products**

 <p>Calculator</p> <p>Price: £10.00</p>	 <p>Dance - UNLOCKED - Annual Dance Show Tickets</p> <p>Price: £5.00</p>
 <p>Locker Deposit 2023-24</p> <p>Price: £5.00</p>	 <p>Science GCSE Revision Guide</p> <p>Price: £6.50</p>

Page 1 of 1

School Shop Payments



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# Diner top ups and balances - Important Information

We shall shortly be **moving away from ParentPay** and moving the meal payment option to the **Arbor Parent Portal**, where you will be able to top up your child's diner account.

## Why?

All your child's information and payment options will be **under one roof**. This is much simpler for parents as **only one login is required** to view your child's information and make payments, for trips, resources and meals

## What does this mean?

The last day you will be able to top up your child's diner account via ParentPay, is **Monday 27th November at 4:00pm**. After this time, you will no longer have access to top up your child's account via ParentPay. Payments after this time will need to be topped up via the Parent Portal/Arbor App. All existing ParentPay balances will be transferred across to the Arbor System that evening.



# Diner top ups and balances - Important Information

## How do I top up my child's diner account through Arbor?

Login to the **Arbor Parent Portal**. Select **Payments** from the orange **'Quick Actions'** bar. If you have more than one child at the Academy, **select the child from the drop down**, in the top left and select the account. Click on the child's name you wish to top up, to go to their profile and select **'Payments'**. To make a card payment to your child's diner account, click on **'Meals'** and then **'click to Top up Account'**. Complete your bill payer details, top up amount, then click **'pay'**. Input your card details, or use **Apple or Google Pay** to complete the payment transaction.

The meals balance will be updated to reflect the top-up **right away**.



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# Firefly – Parent Portal




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We're listening

Parents


More ...

Quick Links




Term Dates

Term Dates 2023 2024




Parent Letters & Email Archive

Letter Archive




After School Clubs

Clubs & Enrichment




Year 11 Success Sessions

Success Sessions



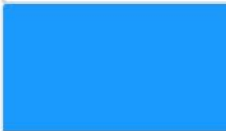
Office 365

Office 365 Guides




ParentPay

Parentpay




Transition Files 2023




Exams Info


Exams Info




Exams Info



Staff List - Updated Oct 2023




Options Booklet 2023




Shoreham Academy Experience Week

Experience Week




Year 7

Year 7




Y8

Year 8




Year 9

Year 9




Year 10

Year 10




Year 11


Year 11




Careers



Curriculum




PSHE Curriculum




Parent Systems Autumn 2023.pdf

Details and links for parent systems



Student Systems Spring 2023.pdf

Student IT Systems - Guidance for Parents and Students



THINK U KNOW  
.co.uk

CEOP ThinkUKnow ESafety Resources


Parent Forum

Year 11 Mock Information Evening


Year 7 Settling In Evening


# Firefly – New Student Pages

Big reorganisation of  
learning content Spring  
2023


 Maple Hill School

**Profile: Zara Student**  
[Overview](#) [Tasks](#) [Behaviour](#) [Attendance](#) [Timetable](#) [Documents](#)

 **Details**



**Parents/Guardians** [Paul Parent;](#)


 **Timetable**

**Current lesson**  
**French**  
12:35 - 13:35  
Language Room 4  
Today

**Next lesson**  
**PSE**  
14:30 - 15:30  
Science Lab 1  
Today

**Later**  
**German**  
9:15 - 10:15 Language Room 4  
Tomorrow  
**English**  
10:15 - 11:15 English Room 1  
Tomorrow  
**Mathematics**  
11:35 - 12:35 Maths Room 6  
Tomorrow

[Go to Timetable](#)

 **Tasks**

Lesson Work : 25/03/2022  
Class 8x/En2, Class 8y/En2 and Class 8y/En3  
Set by Terry Teacher

Record an oral presentation about your holiday last year  
Class 8x/Fr1 and Class 8y/Fr1  
Set by Steven Dumbell

[View all Tasks](#)

Overdue  
Due Tue 29th Mar

Overdue  
Due Mon 19th Oct

# Website

- Website is going through process of redesign
- New website to launch in Spring 2023
- New menu structures
- Easier to navigate



# Operoo – We no longer use



- If you are receiving updates from Operoo look in parent mail Friday as it shows you how to close your account down.

# Messages From Our ICT Support Team

- If going on holiday abroad and need to login to accounts to do homework - let IT know. Logins outside of UK are restricted.
- If students don't know their passwords - its best for them to come and see us - giving passwords to parents causes issues as they get changed in school, then the ones the parents have are wrong.
- Be mindful of Black Friday offers and scam sites!